

# DAILY ESSENTIALS

## ON THE GO ESSENTIAL NUTRITION PACKS

Cover all your health and beauty basics and beyond with these perfectly proportioned daily on-the-go packets. Each of these six essential supplements deliver a range of body-lovin' nutrients right where you need them – for benefits that extend from the hair on your head, down to your last pinkie toe.



### Supplement Facts

Serving Size: 1 Packet		Servings per container: 28	
		Amount per Serving	% Daily Value*
Calories 30		Total Fat 2.5 g	3%
Calories from Fat 25		Polyunsaturated Fat 1.5 g	**
Vitamin A (Beta-Carotene 10%) 5,000 IU	100%	Vitamin B-12 (Cyanocobalamin 1%) 10 mcg	166.5%
Vitamin C (Calcium Ascorbate) 350 mg	583%	Biotin 1% 30 mcg	10%
Calcium (as Calcium Citrate 30%) 1,262 mg	126%	Phosphorus (Calcium 20%) 10 mg	1%
Iron (Chelate 20%) 7.5 mg	41.5%	Iodine (as Potassium Iodide) 25 mcg	16.5%
Vitamin D3 (as Cholecalciferol) 2,200 IU	550%	Magnesium (Chelate 20%) 20 mg	5%
Vitamin E (D-Alpha) 75 IU	250%	Zinc (Chelate 30%) 7.5 mg	50%
Vitamin B-1 (Thiamin[HCL]) 1 mg	66.5%	Selenium (Chelate 2%) 105 mcg	292%
Vitamin B-2 (Riboflavin) .9 mg	53%	Manganese (Chelate 10%) 1 mg	50%
Vitamin B-3 (Niacinamide) 12.5 mg	62.5%	Chromium (Chelate 10%) 45 mcg	37.5%
Vitamin B-6 (Pyridoxine [HCL]) 12.5 mg	62.5%	Molybdenum .1% 30 mcg	40%
Folic Acid 97% 150 mcg	37.5%		
Proprietary Blend 620 mg	**	Milk Thistle (Herb)	**
Astaxanthin Extract	**	Motherwort (Herb)	**
Angel Hair (Mozuku) Extract	**	Green Tea (Leaf)	**
Ginkgo Biloba (Leaf)	**	Red Raspberry (Leaf)	**
Billberry (Fruit)	**		
Pancreatin 8x 50 mg	**	Amylase 10,000 SKB	
Enzyme Factors 200 mg	**	Lipase 20 FIP	
Protease 10,000 HUT	**	Cellulase 100 CU	
Fish Oil 1,400 mg	**		
EPA (Eicosapentaenoic Acid) 647 mg	**		
DHA (Docosahexaenoic Acid) 253 mg	**		

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established

### INGREDIENTS:

Vegetable Cellulose (Capsule), Vegetable Glycerin, Gelatin Capsule, Lecithin (Sunflower), Grape Seed Extract 95%, PABA, Inositol, Hesperdin Bioflavonoids, Citrus Bioflavonoids, Kelp, Rosemary, Alfalfa (Leaf), Ginkgo Biloba (Leaf), Korean Ginseng (Root), Rose Hips (Fruit), Rutin, Dandelion (Root), Ginger (Leaf), Fennel (Seed), Peppermint (Leaf), Garlic, Billberry, Purified Water, Magnesium Stearate, Rice Flour, Food Glaze.

### DAILY ESSENTIALS BENEFITS:

- Balance nutrition
- Increase vitality and energy
- Maintain regulated metabolism

### Benefits These Services:

- Facials (all)

### SUGGESTED USE:

Take one packet 1-2 times daily.

### WARNINGS:

Made in a facility that also processes Milk, Nuts, Peanuts, Wheat, Soy, Eggs, Crustaceans, and Fish. Keep in a cool, dry place. Keep out of reach of children.

2 yr. shelf life

more info reference { learn more: [mlis.com](http://mlis.com) }

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