

FIBER

WHEAT BRAN AND PSYLLUM

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Easy does it! Psyllium seed husk and wheat bran stimulate weight loss, increase longevity, and keep things movin' at a steady pace - for a lifetime of benefits that you can enjoy sitting down, standing up, and enthusiastically riding into the sunset.



SUPPLEMENT FACTS

Serving Size: 8 vegetable based capsules
Servings per container: 25

Amount per Serving	% Daily Value
Proprietary Blend 3600 mg	
Wheat Bran Powder	**
Psyllium Husk Powder	**

**Daily Value not established

INGREDIENTS:

Vegetable Cellulose (Capsule), Rice Flour.

PAIRS WELL WITH:

- Detox
- Intestinal Cleanser

FIBER BENEFITS:

- Maximize efficiency without calories
- Lower high LDL
- Cleanse bowels and intestines
- Regulate hormones

SUGGESTED USE:

As a special dietary supplement, take six to eight capsules. May take two or three times daily with a large glass of water. Adjust as needed to provide bulk to the diet. If using as part of the M'lis Detoxification Program, consult the M'lis Detoxification Guide for instructions.

WARNINGS:

Made in a facility that also processes Milk, Nuts, Peanuts, Wheat, Soy, Eggs, Crustaceans, and Fish. Keep in a cool, dry place. Keep out of the reach of children.

7 yr. shelf life

more info reference { learn more: mlis.com }

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NATURAL THERAPY